

# WESTERN ELMS SURGERY

## ARE YOU A CARER?

Do you help with

Getting someone up in the morning?		Putting someone to bed at night?	
Someone taking the correct medication at the right times?		Preparing meals and or shopping?	
Transport to and from hospital or other appointments?		Checking they are safe or locking up or night?	

This help could be ...

Is this help daily		Weekly	
During the day		During the night	
How many hours per week		Are you at the end of a phone 24 hours a day	
When would be the most convenient time for you to see your doctor?	Please circle	AM    PM    EVENING    SATS	

Do you receive support from anyone	
If so, who?	
Did you know there is support available?    YES / NO	
Would you like us to contact you with further information in the future    YES / NO	

***Many people are unaware that they are a carer despite looking after a loved one or friend who is dependent on them. There is help and we are going to spend carer's week promoting the support that you might receive***

How To Register As A Carer With Your GP

Please fill in your details below and forward them to your GP or Practice Receptionist. You may wish to enclose your form in a sealed envelope. This information is for your GP Surgery only unless you indicate otherwise.

Please register me as a carer

Name:	Daytime Contact No:
Address:	Email address:
I care for:	Disability / Condition:

If you require assistance from the carers association, social services or local authority, please contact them directly. Please see our carers leaflet for more information.